

The South Georgia Pop Warner football league has scheduled a free parent awareness session called "Heads Up Football" from 7-8:30 p.m. June 26 at Albany State University's Hper Gym located at 504 College Drive in Albany. This is a great opportunity for anyone who has concerns about youth football. The training session is a partnership between Pop Warner, the Atlanta Falcons and USA Football to intended to educate parents/coaches on concussion awareness, equipment fitting, and Heads Up Football.

> Refer to the below links for Heads Up Football:

> <http://videos.usafootball.com/video/Heads-Up-Football-USA-Football>

> <http://www.youtube.com/watch?v=re8kc8ULZjY>

> In addition, on Thursday, June 28th, there will be two free football and cheer camp sessions at ASU: 10-11:30 a.m. and 11:30 a.m.-1 p.m.